



MENTAL HEALTH & WELLBEING RESOURCES

WANNATALK PODCASTS

Social Media & Body Image - <https://www.youtube.com/watch?v=R1reV44u4QU>

Exam Stress - <https://www.youtube.com/watch?v=KSyvxHBE5zU>

Anxiety - <https://www.youtube.com/watch?v=n77k43y-nG8>

Covid-19 - <https://www.youtube.com/watch?v=g-pt5RUeLIw>

General - <https://www.youtube.com/watch?v=FT-TpihUEuo>

SUPER SAM & EVIE STORY BOOKS

SAM & EVIE IN LOCKDOWN

https://www.youtube.com/watch?v=_hqB1JDUG-A

SUPER SAM

<https://www.youtube.com/watch?v=bpyZ3sDqOIM>



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