

# Young People of Doncaster

Would you like to learn more about mental health?

The Child and Adolescent Mental Health Service (CAMHS) have a team dedicated to supporting schools around mental health and wellbeing and we have been offering workshops in schools around understanding mental health and how to cope with stress and worry.

We are offering 2 workshops over half term for young people to come along to:

**February 17 2021**

9-10am for children in Primary -  
Years 3,4,5 and 6 *(an adult will need to  
be present to support the young person)*

10-11am for children in Secondary  
- Year 7+

You will need to open up via these links or in the zoom app with the following details:

## Primary

Zoom meeting: <https://bit.ly/2YK1gMC>

Meeting ID: 842 4158 9860

Passcode: UQn3uK

## Secondary

Zoom meeting: <https://bit.ly/2OabL9W>

Meeting ID: 832 0740 3339

Passcode: Bda1aD